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*Note: For best results print a PDF copy of the Snellen Test Card from our website. The link is located on our App Store page.*

Place a Snellen test card ten to twenty feet from you and without glasses read each letter easily and lightly. BLINK after each letter.

Read the four smallest lines you are able to see.

Read the Snellen test screen with each eye by itself, covering the other eye without touching it as both eyes must be left open so they can blink together, also reading the last four lines you can read.

Stand as you read the card and sway slowly and smoothly from side to side. (See illustration.) Continue to blink after each letter. Do this for at least five minutes.

